

Double Kick for Beginners

D. Petriilli

One of the most important things a drummer will develop by learning double bass is their sense of balance and control. Some of the world's best double kick players were not merely focused on speed alone. Even the slowest double kick rhythms can sound incredible if the components of the rhythm are all played convincingly and 'locked-in' with each-other. Keeping double kick beats 'locked-in' requires first a knowledge of where your hands and feet need to line-up. The first few exercises work on the right foot alone with the hihat. Make sure that you can feel the hihats and right foot falling together! (Note: If you dont wish to drop your hats closed, use the ride cymbal instead)

Drum Set

5

Now add the left foot, making sure you can still hear/feel where the right foot falls

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...And now add the snares in various places - Make sure all of these exercises are played to a metronome!

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